

APPETIZERS

BREAD SERVICE

\$6

Four rolls served with our chef-special butter of the SASGUATO week.

POUTINE*

\$14

Hand-cut house fries, bacon bechamel sauce, cheese curds, chopped bacon, and scallions.

ADD FRIED EGG - \$1.50

GARLIC KNOTS

Four buttery garlic knots topped with Parmesan and served with marinara.

BLEU CHIPS*

\$14

Baked house-made russet chips topped with bleu cheese crumbles, bleu cheese dressing and scallions. ADD BACON - \$3

CHICKEN WINGS*

\$17

Fried chicken wings with your choice of spicy buffalo, mango habanero, or jamaican jerk-brown sugar rub. Served with house-made pickled veggies and ranch or bleu cheese dressing on the side.

PORK BELLY BITES*

Deep fried smoked country-style pork belly tossed in a sticky sesame sauce.

VEGGIE NACHOS

\$13

Hand-cut tortilla chips topped with Vermont cheddar-jack cheese, roasted corn-black bean salsa, pickled red onions, chopped tomatoes, jalepenos, queso and sour cream.

ADD CHICKEN - \$8

ADD SHAVED STEAK - \$10

SANDWICHES

Sandwiches come served with a side of house-made potato chips and a pickle. Substitute onion rings, fries, sweet potato fries, or a side salad for \$3.50

BIKE RACK BURGER*

\$17

16oz patty with cheddar on a toasted brioche roll with lettuce, tomato, and onion.

CRISPY CHICKEN SANDWICH*

Breaded chicken cutlet, fried and then baked. Topped with cheddar cheese, bacon, lettuce, tomato, onion and mango-habanero aioli. Served on a toasted brioche roll.

THAT'S A WRAP*

\$16

Wheat wrap with choice of grilled chicken or fried sesame pork belly with lettuce, tomatoes, cucumbers, shaved carrots and wasabi sesame dressing.

STEAK & CHEESE*

\$18

Certified angus shaved ribeye on a sub roll topped with VT cheddar, onions, pepper, and maple aioli.

BEYOND BURGER

Delicious and juicy plant-based burger served on a toasted brioche roll with lettuce, tomato, and onion.

SALADS

ADD STEAK TIPS - \$12

ADD GRILLED CHICKEN - \$9 ADD GRILLED JUMBO SHRIMP - \$10

ADD SEARED RARE AHI TUNA - \$11

HOUSE SALAD

\$15

Greens topped with grape tomatoes, English cucumbers, shaved red onion and slivered carrots. Served with a choice of ranch, bleu cheese, citrus vinaigrette or maple balsamic vinaigrette.

ARTISAN CAESAR SALAD*

\$15

GF

Chopped romaine with a shaved parmesan blend, garlic croutons and our very own house-made Caesar dressing.

EAST BOWL

\$15

Greens, quinoa edamame blend, shaved carrots, cucumbers, and pickled vegetables tossed in a wasabi-sesame vinaigrette. Topped with wakame and crispy rice noodles.

BRUSSELS SALAD*

\$15

Fried brussels, bleu cheese, bacon, craisins, pine nuts, and dried apricots with a maple sesame dressing.

MEDITERRANEAN MTN BOWL

\$17

Sun dried tomato, pickled red onion, roasted red peppers, olives, scallions, peas, feta, greens, and orzo. Dressed in olive oil, lemon juice, salt, and pepper.

ENTREÉS

VEGETABLE CURRY

\$19

Roasted potatoes, turnip carrots, onions and chickpeas with coconut curry sauce. Served over a veggie quinoa blend and topped with house-made pickled vegetables.

CHEF STEAK TIPS*

SMKT

Topped with sweet cream butter and served with starch & vegetable du jour.

CHICKEN MARSALA*

\$18

Sautéed onions, mushrooms, garlic and chicken with a marsala wine & butter sauce. Served over pasta with a side of grilled bread.

TUSCAN CHICKEN*

\$18

Sautéed chicken with garlic, spinach, roasted artichokes, and tomatoes in a white wine cream sauce

PORCINI-TRUFFLE RAVIOLI*

Raviloli with sauteed onion and proscutto in a white wine butter-parsley sauce. Served with a side of grilled bread.

MAHI MAHI*

\$20

Juicy mahi-mahi filet pan seared and topped with citrus salsa. Served with daily starch & vegetable. GF