

## APPETIZERS

#### BREAD SERVICE

Four rolls served with our chef-special butter of the week.

#### POUTINE

\$14

\$6

Hand-cut house fries, bacon bechamel sauce, cheese curds, chopped bacon, and scallions. ADD FRIED EGG - \$1.50

**GARLIC KNOTS** 

\$13

\$14

Four buttery garlic knots topped with Parmesan and served with marinara.

#### **BLEU CHIPS**

Baked house-made russet chips topped with bleu cheese crumbles, bleu cheese dressing and scallions. ADD BACON - \$3

#### CHICKEN WINGS

\$16

Fried chicken wings with your choice of spicy buffalo, mango habanero, or jamaican jerk-brown sugar rub. Served with house-made pickled veggies and ranch or bleu cheese dressing on the side.

#### PORK BELLY BITES

Deep fried smoked country-style pork belly tossed in a sticky sesame sauce.

#### **VEGGIE NACHOS**

\$13

Hand-cut tortilla chips topped with Vermont cheddar-jack cheese, roasted corn-black bean salsa, pickled red onions, chopped tomatoes, jalepenos, queso and sour cream. ADD CHICKEN - \$8

ADD SHAVED STEAK - \$10

## SANDWICHES

Sandwiches come served with a side of house-made potato chips and a pickle. Subsitute onion rings, fries, sweet potato fries, or a side salad for \$3.50

#### **BIKE RACK BURGER**

\$17

**\$16** 

Grilled ground sirloin & brisket burger with cheddar on a toasted brioche roll with lettuce, tomato, and onion.

#### CRISPY CHICKEN SANDWICH

Breaded chicken cutlet, fried and then baked. Topped with cheddar cheese, bacon, lettuce, tomato, onion and mango-habenaro aioli. Served on a toasted

# SALADS

ADD STEAK TIPS - \$12 ADD GRILLED CHICKEN - \$9 ADD GRILLED JUMBO SHRIMP - \$10 ADD SEARED RARE AHU TUNA - \$11

#### HOUSE SALAD

\$15

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Greens topped with grape tomatoes, English cucumbers, shaved red onion and slivered carrots. Served with a choice of ranch, bleu cheese, citrus vinaigrette or maple balsamic vinaigrette. **GF** 

#### ARTISAN CAESAR SALAD

Chopped romaine with a shaved parmesan blend, garlic croutons and house-made Caesar dressing.

#### EAST BOWL

Greens, quinoa edamame blend, shaved carrots, cucumbers, and pickled veg tossed in a wasabi-sesame vinaigrette. Topped with wakame and crispy rice noodles.

#### GREEK SALAD

\_\$15

Greens with tomatoes, red onion, cucumber, olives, sun dried tomatoes, and feta drizzled with a delicious citrus vinaigrette. **GF** 

#### BRUSSELS SALAD

\$15

Fried brussels, blue cheese, bacon, craisins, pine nuts, and dried apricots with a maple sesame dressing.

### MEDITERRANEAN MTN BOWL

\$14

Sun dried tomato, pickled red onion, roasted red peppers, olives, scallions, peas, feta, arugula, and orzo. Dressed in olive oil, lemon juice, salt, and pepper.

## ENTREES

#### VEGETABLE CURRY

\$19

Roasted potatoes, turnip carrots, onions and chickpeas with coconut curry sauce. Served over a veggie quinoa bled and topped with house-made pickled veg.

#### CHEF STEAK TIPS

\$MKT

**\$18** 

\$18

Topped with sweet cream butter and served with starch & vegetable du jour.

#### CHICKEN MARSALA

Sautéed onions, mushrooms, garlic and chicken with a marsala wine & butter sauce. Served over bow-tie pasta with a side of grilled bread.

brioche roll.

#### THAT'S A WRAP

\$16

Wheat wrap with choice of grilled chicken or fried sesame pork belly with lettuce, tomatoes, cucumbers, shaved carrots and wasabe sesame dressing.

#### **STEAK & CHEESE**

\$18

Certified angus shaved ribeye on a sub roll topped with VT cheddar, onions, pepper, and maple aioli.

#### **BEYOND BURGER**

\$16

Delicious and juicy plant-based burger served on a toasted brioche roll with lettuce, tomato, and onion.

#### TACO OF THE DAY

\$MKT

Ask your server what the Culinary Team creation of the day is.

#### CHICKEN PARM

Hand-breaded chicken cutlet topped with parmesan. Served with house-made marinara over bow tie pasta.

#### PORCINI-TRUFFLE RAVIOLI

\$20

Raviloli with sauteed onion and proscutto in a white wine butter-parsley sauce. Served with a side of grilled bread.

#### MAHI MAHI

\$20

GF

Juicy mahi-mahi filet pan seared and topped with mango salsa. Served with starch & vegetable du jour.

#### PARTIES OF SIX OR MORE ARE SUBJECT TO A 20% AUTOMATIC GRATUITY

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.